



NEWSLETTER

MARCH 2026

ISSUE #5



*Championing Care and
Strengthening
Preparedness*

WHO WE ARE

To reduce death/disability related to trauma, disaster and acute illness, through implementation of appropriate education and a well-planned, coordinated disaster and emergency response system.



LETTER FROM CBRAC REGIONAL WHOLE BLOOD PROGRAM MANAGER

Hello everyone,

As the newest member of the CBRAC family, I would like to take a moment to introduce myself. My name is Roland Padilla, and I am honored to serve as the new Regional Whole Blood Program Manager for our region. It's certainly a long title, and I am still getting used to explaining it to those outside of our group! I began my EMS career with the City of Robstown EMS in 2006 and later served as EMS Chief in 2013. During the COVID-19 pandemic, I assisted Nueces County with operations including testing and large-scale vaccine clinics. Most recently, I was District Chief for Southern Operations with Allegiance Mobile Health before joining CBRAC in October 2025. I am grateful for the opportunity to help expand the Whole Blood program in our region and to work alongside such a dedicated group. With the strong foundation already in place and the guidance of Hilary, Kathryn and the CBRAC board, I am confident we will make a lasting impact in our community. I look forward to working with all of you.

Respectfully,
Roland Padilla

January & December Updates

The Coastal Bend Regional Advisory Council (CBRAC) has been actively engaged in several initiatives across the region. Over the past few months, the EMTF11/HPP team has deployed multiple response packages for severe weather events and supported wildland fire training efforts. CBRAC has also been working closely with partners to expand the regional whole blood program and recently received an active Texas pilot program contract through the Texas Department of State Health Services (DSHS). In addition, education efforts have continued around maternal patient safety, including postpartum hemorrhage (PPH), hypertension, and the regional perinatal wristband initiative. Trainings were recently provided to Annville Fire Department, reaching all three shifts, as well as to HALO-Flight during their staff meetings. Kathryn has also been collaborating closely with CBRAC committees on ongoing projects, including a regional initiative to bring the Texas Forensic Nurse Examiners (TXFNE) program to the area. This program will allow a Sexual Assault Nurse Examiner (SANE) to be dispatched to hospitals across the region, with a tentative launch planned for June 2026.





Provider Spotlight



Port Aransas EMS Supporting Statewide Emergency Response

AT THE END OF LAST YEAR, PORT ARANSAS EMS OFFICIALLY JOINED EMTF-11 (EMERGENCY MEDICAL TASK FORCE 11), STRENGTHENING OUR ABILITY TO ASSIST WITH COORDINATED EMERGENCY RESPONSE EFFORTS ACROSS TEXAS.

IN JANUARY, FOLLOWING SEVERE WEATHER THAT IMPACTED PARTS OF THE STATE, PORT ARANSAS DEPLOYED AN AMBULANCE AND A TEAM OF MEDICS TO SUPPORT ONGOING RESPONSE OPERATIONS. OUR PERSONNEL ALSO ASSISTED WITH CONTINUED RECOVERY EFFORTS IN KERRVILLE, PROVIDING CRITICAL MEDICAL SUPPORT TO COMMUNITIES IN NEED. THOUGH A SMALL TEAM, PORT ARANSAS EMS CARRIES A STRONG PASSION FOR SERVICE AND A COMMITMENT TO HELP IN ANY CAPACITY POSSIBLE. WE ARE INCREDIBLY PROUD OF THEIR DEDICATION, PROFESSIONALISM, AND WILLINGNESS TO STEP UP WHEN AND WHERE THEY ARE NEEDED. THEIR EFFORTS REFLECT THE VERY BEST OF OUR COMMUNITY.

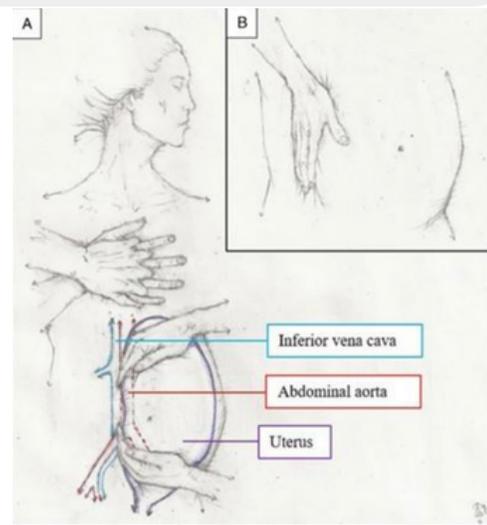


Education Spotlight



Maternal Cardiac Arrest: Physiologic Considerations, Resuscitation Modifications, And Resuscitative Hysterotomy

YOU ARE CALLED AS TRANSPORT FROM OSH ED FOR A 32 YEAR-OLD G3P2 AT 28 WEEKS GESTATION WHO PRESENTED TO THE EMERGENCY DEPARTMENT DUE TO HEADACHE. HER PREGNANCY IS COMPLICATED BY A HISTORY OF ECLAMPSIA IN A PRIOR PREGNANCY. ON ARRIVAL, SHE WAS FOUND TO HAVE PERSISTENTLY ELEVATED BLOOD PRESSURE TO 170/90. AFTER RECEIVING IV ANTIHYPERTENSIVE TREATMENT, SHE WAS GIVEN A 4 G MGSO₄ BOLUS AND STARTED ON AN INFUSION. TRANSPORT IS ARRANGED TO THE NEARBY TERTIARY CARE FACILITY WITH IN-HOUSE NEONATOLOGY AND OBSTETRICS COVERAGE. WITH MINUTES LEFT IN THE TRANSPORT, HER O₂ SATS DROP PRECIPITOUSLY AND SHE BECOMES UNRESPONSIVE AND LOSES PULSES. CPR IS INITIATED. IN CASES OF MATERNAL CARDIAC ARREST SUCH AS THOSE ABOVE, WHAT CONSIDERATIONS ARE THERE WHEN COMPARING MATERNAL CARDIAC ARREST TO OUR STANDARD PATIENT POPULATION?



Source: Larson et. al. (2024)

[READ THE REST HERE!](#)

UPCOMING CONFERENCES



EDUCATION BY THE SEA

PORT ARANSAS CIVIC CENTER, PORT ARANSAS, TEXAS | MAY

13-15, 2026

710 W, AVENUE A PORT ARANSAS, TX 78373

[REGISTRATION LINK!](#)



2026 COASTAL BEND HURRICANE CONFERENCE

COASTAL BEND HURRICANE CONFERENCE – MAY 6-7, 2026

COASTAL BEND HURRICANE CONFERENCE, SCHEDULED FOR MAY 6-7, 2026, AT THE RICHARD M. BORCHARD REGIONAL FAIRGROUNDS IN ROBSTOWN, TEXAS.

[REGISTRATION LINK!](#)



TEXAS EMS CONFERENCE

NOVEMBER 22-25, 2026 | FORT WORTH CONVENTION CENTER |

FORT WORTH, TEXAS

REGISTRATION NOT OPEN YET



7TH ANNUAL TEXAS CHAPTER OF NAEMSP TEXAS EMS MEDICAL DIRECTOR CONFERENCE

MARCH 30 – APRIL 1, 2026

TEXAS A&M HOTEL & CONFERENCE CENTER

COLLEGE STATION, TX

[REGISTRATION LINK!](#)



TEXAS EMS EDUCATORS SUMMIT

APRIL 10-12, 2026 | SOUTH SHORE HARBOUR | LEAGUE CITY, TX

[REGISTRATION LINK!](#)



DSHS GRAND ROUNDS
Education



Driscoll Health System Grand
Rounds Lecture Series



Texas Pediatric Readiness
Education Series



Emory Serious communicable
Diseases Program

RESOURCES & TOOLS

[GETAC MEETING SCHEDULE](#)

[CBRAC REGIONAL TRAUMA AND EMERGENCY
HEALTHCARE SYSTEMS PLAN](#)

[PEDIATRIC READINESS IN THE ED CHECKLIST](#)

[CBRAC HOSPITAL SELECTION
AND FIELD TRIAGE GUIDE](#)



DSHS SURVEY DESIGNATION MEETINGS

Statewide Trauma Designation Meetings

Texas trauma designation program staff are invited to attend our monthly meeting in collaboration with the department and peers throughout the state. Share ideas and best practices to improve patient outcomes for Texans.

[LINK TO 2026 MEETING LIST](#)

Statewide Stroke Designation Meeting

Texas stroke facility designation program staff are invited to attend our monthly meeting in collaboration with the department and peers throughout the state. Share ideas and best practices to improve patient outcomes for Texans.

[LINK TO 2026 MEETING LIST](#)

Statewide Perinatal Designation Meetings

Perinatal Designation Meetings
Texas maternal and neonatal levels of care designation program staff are invited to attend our monthly meeting in collaboration with the department and peers throughout the state. Share ideas and best practices to improve patient outcomes for Texans.

[LINK TO 2026 MEETING LIST](#)

2026



COASTAL BEND Regional Advisory Council

March

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------------------------------|---|---|--|---|----------|
| 1 | 2 | 3 | 4 | 5 | 6 CBRAC BOD MTG | 7 |
| 8 | 9 | 10 CBRAC PCR MTG @1200 *HYBRID* -----GETAC MEETINGS IN AUSTIN (VIRTUAL LINK)----- | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 HOT CAR EVENT PLANNING MTG @1000-1145 TTRAUMA COMM MTG @1100-1200 | 18 | 19 | 20 CBRAC WB MTG @11AM CBRAC PEDI MTG @1PM | 21 |
| 22 | 23 CPST COURSE 23RD-27TH | 24 | 25 CBRAC GENERAL MEMBERSHIP 0930-1130 *HYBRID* | 26 CBRAC STEMI OUTCOMES *VIRTUAL* 0900-1000 | 27 | 28 |
| 29 | 30 | 31 | | | | |

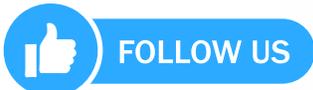
IF YOU HAVE ANY SUGGESTIONS OR FEEDBACK, PLEASE FEEL FREE TO REACH OUT TO KATHRYN GOMEZ, WHO PREPARED THIS NEWSLETTER.



KATHRYN GOMEZ

Division Director of RAC
Systems of Care

- 📞 (956) 357-0249
- 📞 (361) 929-5401 ext. 1002
- ✉️ kathryn.gomez@cbrac.org
- 📍 1305 N Shoreline Blvd CC, TX 78401
- 🌐 cbrac.org



Child Passenger Safety Technician Certification Training

This training will provide participants with the technical skills to:

- Identify and correct misuse of car safety seats
- Serve as a community resource
- Educate others about Child Passenger Safety issues
- Receive knowledge and skills to meet National Certification

TxDot Corpus Christi District Office
1701 South Padre Island Drive,
Corpus Christi, TX 78416
Building 2

March 23rd-March 27th, 2026

Monday, March 23rd, 2026 (1:00pm-6:00pm)

Tuesday, March 24th, 2026 (8:00am – 5:00pm)

Wednesday, March 25th, 2026 (8:00am – 6:00pm)

Thursday, March 26th, 2026 (8:00am – 6:00pm)

Friday, March 27th, 2026 (8:00am – 12:30pm)



How to register:

- Go to <https://cert.safe.org>
- Click on Find a Course
- Course ID: TX202511261108
- Click Request Approval
- Create Login
- Payment must be received to complete registration (\$95 fee)

***Registration limited to 2 individuals from the same agency. If seats available after March 2nd, additional individuals from same agency may be accepted.

For more questions or more information, please call 361-694-6700

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What do you do when it's not fun anymore?

How can you help? **Critical Incident Stress Management (CISM)** is a program run by first responders for first responders. Each member has unique training to stop or slow the symptoms of traumatic stress. To learn the basics of CISM, the interventions used, and how to assist with CISM Assisting Individuals In Crisis - **sign up today with limited seating available.**

TAKE CARE OF YOURSELF SO YOU CAN CONTINUE TO TAKE CARE OF OTHERS!

Matt McGinnis with the Coastal Bend CISM Team-Peer Support is bringing education to you: **Group Crisis and Assisting**

Individuals in Crisis

Date: March 24-26, 2026 (3-days)

Times: 8:30 – 4:30 each day

Venue: Delmar College

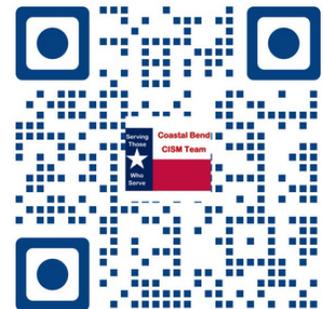
4101 Old Brownsville Rd, Corpus Christi, TX 78405 (Public Safety Building Room 204)

Cost: \$350.00

Registration: use QR code or <https://forms.gle/V7KMLzHu7L19jc147>
Questions?

Call or text Matt McGinnis at 806-781-4014, or email him at: wmm17946@gmail.com
To make a payment:

134 Marion Dr Rockport Tx 78382



<http://paypal.me/williammcginnis1299> or mail check to William McGinnis at